

# Knitting Tutorial



## Hearts Pattern

### Task:

To make two identical hearts for babies that pass away. Families are able to keep one with the baby and keep an identical one in the keepsake box we provide.

### Material:

1 x Baby D.K. 50g Ball (8ply)  
1 pair 3.25mm Knitting Needles (size 10)

### Finished size

10cm / 4in

**Suitable colours:** White, cream, lavender, pastel pink, pastel green or pastel blue. Please do not use yellow, the colour is not suitable due to some babies being very jaundiced.

### Instructions:

#### Gauge

20 stitches and 40 rows to 10cm, 4 inches over Garter Stitch using 3.25mm needles or the size required to give the correct tension.

#### Front

Using 3.25mm knitting needles cast on 4 stitches.

Working in Garter stitch throughout.

Next row (right side) and every following row: Increase 1 stitch at each end of the row until 10 stitches are on the needle.

Next row: Knit.

Next row: Increase 1 stitch at each end of this and every following alternate row until 24 stitches are on the needle.

Continue straight in garter stitch for a further 10 rows.

Next row: Knit 12 stitches. Place 12 stitches onto a stitch holder to return to later.

\*\*Working on the 12 stitches on the needle continue straight in garter stitch for 6 rows.





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### Instructions continued...

#### Shape top of heart

1st row: Knit 1, knit 2 together, knit 6, knit 2 together, knit 1. (10 stitches).

Next row and every following alternate row: Knit.

3rd row: Knit 1, knit 2 together, knit 4, knit 2 together, knit 1 (8 stitches).

5th row: Knit 1, knit 2 together, knit 2, knit 2 together, knit 1. (6 stitches).

7th row: Knit 1, knit 2 together, knit 2 together, knit 1. (4 stitches).

8th row: Knit.

Cast off. \*\*.

Rejoin the yarn to the 12 stitches on the stitch holder and rep from \*\* to \*\*

#### Back

Work as for front.

#### To make up

Stitch the front and back side seams together leaving a small opening at the side edge.

Using soft polyester toy filling, stuff the interior of the heart.

Stitch the opening together.

Finish off all loose ends securely.

*Special thanks to Audrey Wilson from Audrey Wilson Designs for allowing Miracle Babies Foundation the use of her pattern.*